

LEEP PROCEDURE

Preparation:

- Bring a family member or friend to accompany you home.
- Be sure to eat your regular meal prior to your appointment. It is important not to fast.
- Wear comfortable, non-constricting clothing.
- The amount of time needed for recuperation will depend on your type of work.
- Empty your bladder shortly before procedure.
- Notify your physician if you suspect you are pregnant, or if you have your menstrual period.

Discharge Instructions:

- Rest at home for a minimum of 2 days after the procedure and avoid strenuous activity or lifting.
- You will have a brownish vaginal discharge for 1-2 days after the procedure, then the discharge may resemble a menstrual period for 4 days. For the next 2-3 weeks the discharge will become clear and watery. Use only a sanitary pad.
- Do not put anything into the vagina for 4 weeks following the procedure. This means: no douching, no tampons, no sexual intercourse.
- Sexual relations can resume after your follow up appointment, unless otherwise instructed by your physician.
- You may take Tylenol (regular or extra-strength) or Advil for pain control.
- If bright red bleeding occurs that is heavier than your normal menstrual period, severe cramps or abdominal pain, or a fever greater than 101 degrees, call your physician.
- Follow up visits are required to observe the healing process.